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[Anti-Perfectionism Manifesto](#)

RECOVERING

PERFECTIONIST

MANIFESTO

1. I AM A RECOVERING PERFECTIONIST AND WILL NO LONGER USE PERFECTIONISM AS MY CRUTCH. 2. I HAVE A STRONG SENSE OF SELF AND KNOW THAT I AM ADAPTABLE WHATEVER COMES MY WAY. 3. I REFUSE TO EXPECT MYSELF TO UNREALISTICALLY “DO IT ALL,” INSTEAD I WILL FOCUS ON WHAT I CAN DO AND ON WHAT I AM PASSIONATE ABOUT DOING AND I WILL DO THOSE THINGS WITH EXCELLENCE. 4. I ACCEPT AND EMBRACE FAILURE AS A KEY ELEMENT OF EVERY SUCCESS I WILL EVER HAVE. 5. I AM COMMITTED TO TRAINING MY MIND AND TO CHOOSING THOUGHTS THAT BRING LIFE TO ME. 6. I BELIEVE THAT I AM CAPABLE OF DOING ANYTHING THAT I SET MY MIND TO. 7. I DO NOT FEAR FAILURE, BUT INSTEAD I SEE IT AS PART OF THE STRUGGLE THAT IS NECESSARY FOR MY PERSONAL GROWTH AND DEVELOPMENT. 8. I AM NOT DEFINED BY MY PAST, BUT RATHER, REFINED BY IT 9. I WILLINGLY AND ENTHUSIASTICALLY STEP OUTSIDE OF MY COMFORT ZONE ON A DAILY BASIS. 10. I AM CONFIDENT, I AM CAPABLE, I CAN BE THE BEST VERSION OF ME THROUGH SELF-COMPASSION, KINDNESS, FOCUS AND BOLDNESS.

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It is focused on DIY collaboration and anti-perfectionism. Notebook icon In your notebook: Your personal design values. Make your own personal design manifesto 10 Ways To Tell If You Are A Perfectionist [Manifesto] Part 1 of 3 articles on Perfectionism by Celestine Chua. I'm proud to say I've been actively working on This is the last part of my 3-part series on being a perfectionist and how to ... Get the manifesto version of this article: [Manifesto] How to Overcome Perfectionism.. Read "The Anti-Perfectionism Manifesto : Stop Procrastinating and Get Things Done!" by Robin Sinclair available from Rakuten Kobo. Do you still make every ...

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Lo and behold, the anti-perfectionism manifesto was born. Instead of writing an article about myself, I made a piece of art that spoke to why it Last night, I wrote an essay inspired by my friend Marissa Falco's zine, in which she talks about finding the humanity in imperfect art. I found this Chelsea Snow on a great anti-perfectionism manifesto! Makers Unwound - Explorers.. I'm anti filter, anti perfection.... I stand for the beauty of family life and love in all its messy, comical, adventure-filled, heart-bursting glory.. cover image of The Anti-Perfectionism Manifesto ... an old greek called plato came up with a devilish concept that torments us to this day; the idea of perfection! [Dirt Trackin 2 1.0.02 Apk \(Full Paid\) android Free Download](#)

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